



Mediterranean quiche 4/2.2 lb

Tarte méditerranéenne

PRODUCT OF FRANCE

50710



FROZEN SAVORY

HORS D'OEUVRES

QUICHES

Product Description

- Perfect for buffets, catering services or as an appetizer accompanied by a salad, this traditional quiche recipe is made with natural ingredients.

Pack and Case Specifications

Pack Net Weight

2.2lb

Packs per Case

4

Case Size (LxWxH)

14.21"x 5.94"x 5.2"

Case Cube

0.25ft3

Case Gross Weight

9.9lb

Cases per Pallet

228 (19/12)

Ingredients

PASTRY (WHEAT FLOUR, VEGETABLE MARGARINE [NON HYDROGENATED PALM AND SUNFLOWER OILS, WATER, SALT, EMULSIFIER: MONO- AND DIGLYCERIDES OF FATTY ACIDS, ACIDITY REGULATORS: SODIUM CITRATE AND CITRIC ACID], WATER, RICE FLOUR, SALT, WHEAT DEXTROSE). FILLING (WATER, WATER, FRESH EGGS, TOMATOES, FRESH CREAM, ZUCCHINI, GRILLED EGGPLANT, RED PEPPERS, ONIONS, WHEAT FLOUR, OLIVE OIL, LACTOSE AND MILK PROTEINS, WHITE EGG POWDER, HARD CHEESE, RICE STARCH, GARLIC, SALT, BASIL, FLAVORING, THICKENING AGENTS: XANTHAN GUM-GUAR GUM).

Physical

Product size: 13"x5"x1"

Nutrition

Nutrition Facts

Serving Size 1 portion (100g)
Servings Per Container 10

Amount Per Serving
Calories 160 Calories from Fat 80

% Daily Value*

Total Fat 9g 14%

Saturated Fat 5g 25%

Trans Fat 0g

Cholesterol 65mg 22%

Sodium 300mg 13%

Total Carbohydrate 16g 5%

Dietary Fiber 1g 4%

Sugars 4g

Protein 4g

Vitamin A 6% • Vitamin C 8%

Calcium 6% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Saturated Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Organoleptic

Allergens

WHEAT, EGGS, MILK.
MAY CONTAIN TRACES OF FISH AND SHELLFISH.

Cooking Directions

Oven

Preheat oven to 380°F and bake directly on the rack for 30 minutes if frozen, 18 minutes if thawed.

Certificates and Claims

Storage and Shelf Life

Store in freezer below 0°F (-18°C). Keep frozen until ready to use. Do not thaw and refreeze. Shelf life: 18 months.

UPC code

